

About the Three Phases

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Phase One: The Alternative Cancer Treatment Plan

Phase One is to go on an alternative treatment or treatments that eliminate all symptoms and feelings of cancer. After that happens a person is said to be in "remission." A Phase One cancer diet should last at least two months after or beyond all of the symptoms of cancer are gone. However, be aware that alternative cancer treatments frequently do not remove tumors, they are designed to kill the cancer cells in a tumor, thus leaving the tumor harmless. Without cancer cells, a tumor is not dangerous.

Thus, when I say a patient is in "remission" I am referring to the death of cancer cells, more than to the appearance of a tumor or scar tissue. Since it is impossible to know if all cancer cells have been killed, there is a two month margin of error while staying on the Phase One treatment program. Thus, when a person "feels" all of their cancer cells are dead (or a medical test verifies the cancer cells are under control), add two more months of your Phase One alternative treatment, then immediately move to a Phase Two diet!!.

Another thing to realize is that when the healthy cells get much needed nutrients, the patient may "feel great." This does not mean that all of the cancer cells have been killed, it only means that the healthy cells are healing. For this reason, it is wise to stay on a Phase One alternative cancer treatment for at least five months, unless the plan is for a fixed length.

The Phase One "plan" is not really a single treatment plan, in most cases, rather it is a combination of several different treatment plans that work together to accomplish tasks. While I have written many articles on specific treatment plans, a "complete" treatment protocol would include several of these plans, or perhaps include alternative treatment plans I have not written an article about.

It is a formidable task to try to put together a complete treatment plan. To make this task easier, I have put together the "Checklist" articles to make it as easy as possible to put together a treatment program.

Phase Two: Between Remission and Prevention

Once a person is in remission and their symptoms are gone, their treatment is far from over. First of all, there are no known foolproof methods of guaranteeing the cancer is totally cured. That is why I mentioned above that it is advisable to stay on your Phase One alternative treatment program for at least two months after all symptoms of cancer are gone.

However, starting two months after the symptoms are gone you should go on a Phase Two diet, which amounts to easing off the stricter rules of your Phase One cancer diet.

The Phase Two diet should last for one-year! The purpose of this diet is to make sure there is no regression of the cancer, meaning it is designed to make sure all of

the cancer cells are dead. Because the body continually creates new cancer cells, even for healthy people, no one is ever completely totally free of cancer cells, however, the body can get to the point where any potential accumulation of cancer cells is very unlikely.

The Phase Two diet is a less restrictive version of the Phase One program. There are fewer restrictions, more latitude, but still there are some potent cancer-killing aspects to the diet.

When you are ready for Phase Two, this diet is linked to on the main page or it can be found at:

[Phase Two Diet](#)

Phase Three: Cancer Prevention

After the one-year Phase Two diet, you are ready to go into a life-long prevention mode. The cancer prevention mode is in some respects an even more watered-down Phase One treatment. But it actually does some other things, since it is also a heart disease prevention program. This is a better heart disease prevention program than the worthless cholesterol hoax:

- *"Did you know that Americans have spent over a trillion dollars on a Hoax. Sheldon Zerden, with the help of many doctors in his search for the truth has compiled over 100 lies. This book [The Cholesterol Hoax 101+ Lies] should be read by you and your health advisor. "Dr DeBeakey" famous heart surgeon "Cholesterol has nothing to do with heart disease" Dr Michael Mann says Cholesterol is the Biggest scam of this century, maybe of all time. The Scientific community after 40 years and 27 clinical trials costing untold billions of dollars, has failed to show that lowering cholesterol with diet or drugs increased longevity."*

<http://www.hiddenmysteries.com/item200/item237.html>

When you are ready for Phase Three, this diet is linked to on the main page or it can be found at:

[Phase Three Prevention Diet](#)

Why Some Treatments Fail

While alternative cancer treatments are vastly superior to orthodox cancer treatments, alternative treatments do not always work as expected. I believe there are several reasons why:

1) The wrong treatment plan is used for a given situation. For example, a person who has been through chemotherapy and radiation (which destroys a person's immunity system), and only has 2 months to live, may pick a treatment plan that must rebuild the immunity system (which may take several months) **before** the treatment plan even starts to work. In other words, the person may be dead before their chosen treatment plan even begins to start working. But other treatment plans may be ideal for this same situation because they start killing cancer cells immediately, without the need of the immunity system.

It is exactly for this reason that the "Checklist" articles were designed. With rare exceptions, a person should not pick a single alternative treatment program, they should meet the minimum requirements of the appropriate "Checklist" article.

2) The person picks an old treatment plan and does not use the latest discoveries when implementing the plan. For example, they may mix chlorinated water (chlorine can turn cancer-killing nutrients into cancer-causing chemicals) with their grape juice when using the Johanna Brandt Grape Cure. This is why a cancer patient should never stop reading while they are on their treatment program.

3) The person picks several treatment plans, but for their situation, none of their chosen plans is a "big hitter" for their situation. Or the diet allows a person to eat things they should not eat or does not emphasize the right foods they should be eating. In other words, there is a flaw in the design of their treatment plan. It is exactly to avoid these situations that the "Checklist" articles were designed.

4) They do not use a three-phase treatment plan, and thus the cancer returns/regresses.

a) Phase 1: Treat the cancer until all symptoms of the cancer are gone for at least two months,

b) Phase 2: A less strict 1 year plan to insure all cancer cells are killed,

c) Phase 3: An even less strict lifelong cancer prevention plan.

5) They buy a product from a vendor who sells poor quality products or the vendor gives poor instructions on the use of the product.

6) Prior to beginning treatment, the person already had a vital organ damaged beyond repair. Alternative treatments deal with cancer cells, and cannot repair an organ already dead or beyond repair. (The good news is that just because a person has liver cancer, for example, does not mean the liver is damaged beyond repair. Cancer, by itself, generally does not kill a vital organ.)

7) Chemotherapy doctors administer chemotherapy and radiation long after it is obvious they will never work, thus leaving too little time for alternative treatments to work (note: chemotherapy virtually always does far more damage than good, but some doctors, perhaps due to greed, take the absurdity of chemotherapy to extremes).

8) I am sorry to admit that there really are some "quacks" in alternative medicine, who use techniques they know won't work, but do it for the money anyway. Or they use less-effective treatment plans because they are more profitable. I am not calling people who do the best they can, based on what they know: "a quack." The only person I call a "quack" is someone who knowingly deceives his or her patients for profit.

9) But above and beyond all of the above reasons, most alternative treatments that fail do so because the Food and Drug Administration (FDA) and the American Medical Association (AMA), and many other entities, have intentionally crushed all scientific research on alternative treatments, thus creating a situation where good statistical information is not available when choosing a treatment plan. I am convinced that if there was good statistical information available that over 99% of all cancer cases could be cured with alternative treatments (especially if chemotherapy and radiation were avoided).

For Those Who Have Been on Chemotherapy and/or Radiation

If your cancer had metastasized and you have been on chemotherapy and radiation, and if you are now in remission, then you still have cancer. Only the major symptoms

are gone. But when the cancer symptoms return the second time, it will return with an even bigger fury because your immunity system has been virtually destroyed, and it is your immunity system that protects you from getting cancer.

If you are in "remission" you should treat this as if you have active cancer and use the treatment plans on the main page **exactly** as if you had active cancer (which you do!). The only difference between being in remission and having active cancer is the ability of the medical community to detect it!

In short, you need to go through all three phases that someone on an alternative treatment plan goes on.

See the "Checklist" article for your appropriate stage for more information about a Phase One treatment (see next section).

The "Checklist" Article for Phase One Treatments

Whether you have been on orthodox treatments or not, because people sometimes make mistakes in putting together their own treatment program for Phase One, I have added an article which contains several checklists to test whether your alternative treatment plan is powerful enough.

The "Checklist" article is at:
[The "Checklist" article](#)