



DaVinci Natural Health Center

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DO YOU HAVE METAL TOXICITY

Answer these questions to see if Toxic Heavy Metals may be a problem for you or a loved one.

- Are you more fatigued than you should be or lack energy to do the things you need to do.
- Do you sleep poorly or do you have frequent insomnia?
- Do you get depressed easily; have you taken antidepressants in the past?
- Have you had frequent headaches or ringing in the ears (tinnitus)?
- Have you had bleeding or sore as confusion or forgetfulness?
- Have you had shakiness or tremors of you hands and arms or twitching of other muscles?
- Do you suffer from hay fever, respiratory allergies or food allergies or intolerance?
- Have you been diagnosed as having TMJ (temporal mandibular joint) problems?
- Do you have numbness or burning sensations in your mouth or gums?
- Do you have frequent colds, flu, or other infections?
- Have you had difficulty with your balance? Do you fall frequently or have difficulty standing in one foot?
- Have you ever worked as a printer, plumber, welder, and miner, mechanic, metal worker, machinist, carpenter, electrician, hair dresser, painter or in heating/air-conditioning, manufacturing/chemical or pesticide/fungicide factories (fungicides with methyl mercury ingredients) or in a pulp/paper mills that used mercury?
- Do you often have “metallic “taste in your mouth?
- Have you ever worked as a dentist, hygienist or dental assistant?
- Do you have numbness or unexplained tingling in you arms or legs?
- When seen by doctors for your health problems, are you usually told “ There is nothing wrong with you”?
- Does your skin have many “brown spots” or “age spots” under your eyes or elsewhere?
- Do you have “irritable bowel syndrome” or problems with constipation or diarrhea?
- Do you have a lot of bad breath or white tongue (thrush)?
- Have you had frequent kidney infections or do you have significant kidney problems?
- Do you have difficulty with concentration (ADD), irritability or sudden changes in behavior?
- Do you have a lot of mucus in your stools?
- Do you have arthritis in various joints or been diagnosed as having fibromyalgia?
- Have you frequently had low basal body (axillary’s) temperature (be 97.8 degrees F.)?
- Do you have heart irregularities or rapid pulse (tachycardia) or high blood pressure?
- Do you get yeast infections in the mouth, vagina or intestinal track, or did you have Candida-Related Complex (CRC)?
- Do you have unidentified chest pains even after EKG’s, X-Ray, and heart studies are normal?